



# SANTA CLARA PAL WRESTLING

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The strong tradition of Santa Clara Wrestling continues, and we want you to be a part of it.

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**BOYS & GIRLS:** Santa Clara PAL Wrestling instills in its athletes the benefits and values that can only be gained through this sport. At club we will practice confidence, competitiveness, hard work, sportsmanship, athleticism, and mental toughness. Instruction will consist of both Freestyle (Olympic) and Folkstyle (High School & Collegiate) styles of wrestling.

**OPEN TO:** All residents of the City of Santa Clara and/or students of the Santa Clara Unified School District, ages 5-17.

**COACHES:** Ted Pettigrew, Richard Pham and Armando Lopez, Wilcox High School and Jim Wilks, Cabrillo Middle School. Additionally, we will be assisted by members of the Wilcox High School Wrestling Team.

**PRACTICING AT:** The Wilcox High School Wrestling Room  
3250 Monroe Street  
Santa Clara, CA 95051

**WHEN:** Monday evenings (ages 5-10) - July 11 to August 15  
Monday & Wednesday evenings (ages 11-17) - July 11 to September 28

**TIMES:** For Ages 5-10      Monday:      5:00 PM to 6:30 PM (6 weeks)  
For Ages 11-17      Mon & Wed: 6:45 PM to 8:00 PM (*starts at 6:45 until Aug 15*)  
                                 Mon & Wed: 6:00 PM to 7:30 PM (*earlier 6 PM start on Aug 17*)

**SIGN UPS AT:** Santa Clara PAL Office - Santa Clara Police Station  
601 El Camino Real, 1st Floor  
Santa Clara, CA 95050

SCPAL Office Hours: Monday through Friday 1:00 PM – 6:00 PM.

**REGISTRATION:** \$35.00 includes Santa Clara PAL T-shirt, instruction and insurance.

**CONTACT:** The PAL Office at (408) 615-4879 or print form from: [www.santaclarapal.org](http://www.santaclarapal.org)

**COPY OF BIRTH CERTIFICATE must be submitted with each application**

Registration opens on May 16 and closes on July 8.

Reserve early, space is limited.